

Effective Interpersonal Skills – An invaluable set of tools and techniques that will improve your ability to interact, communicate and build relationships with the people around you, making you even more effective in your role.

In Association with	
Duration	1 day – Interactive Course
Location	Midlands
Dates	
Investment	£295+VAT *with 100% money back guarantee
Certification	Certificate of Attendance

Course Overview

Effective Interpersonal Skills focuses on the essential soft skills that are vital in a tough world. Whatever line of business you may be in, or whatever position you hold, your interpersonal skills are crucial to your success. People are more likely to do business with and/or buy from people that they like, whether that be internally or externally.

Who should attend?

This 1 day programme is ideal for anyone working in an environment in which they have dependencies on the delivery and support of others (internally or externally) to achieve their goals as it will help them to optimise working relationships and help build a network of contacts and clients.

Top 5 Learning Points:

- Building Rapport – The first step to creating and managing a relationship internally or externally.
- A self awareness assessment of the impact you have on others presently
- Communication flexibility – adapting your style to suit your audience – speaking their ‘language’
- Recognising and valuing individualism
- Personal Alignment – appreciating the importance of Interpersonal skills in your role and recognising where change is necessary for success

Training Course content:

- Essential Communication – How people process information and construct unique internal representations of their experiences.
- How to build rapport with people – an absolute must for anyone looking to improve or build relationships with other.
- Non- verbal communications – the truth about body language
- How to identify and utilise Sensory Based Language Styles to increase your linguistic flexibility.
- See yourself as others see you – a self assessment exercise
- Evaluate the importance of Interpersonal skills within your role and identify where change is necessary.

Why train with us?

Unique Minds are providers of high quality Personal Development and Business Training for people like you. Like you, we are highly results driven and our aim is to deliver the performance improvements that will make you and/or your business even more effective and will get you the improved results that you are looking for.

All Training Programmes delivered by Unique Minds are based on the tools and techniques of Neuro Linguistic Programming (NLP) and provide individuals with 'Life Skills' that will empower them to bring about positive change in their lives whether that be inside or outside the workplace. NLP techniques are extremely flexible and can be applied in many different ways and in all aspects of life. The results will speak for themselves. At Unique Minds we believe that NLP based coaching and training is true investment in people as it recognises and celebrates people as individuals and enables them to become even more responsible for their behaviours, their results, their lives.

*We're so confident that you will be pleased with the results that you get from attending this training course that we offer a 100% refund to anyone who is not.

Looking for in-house delivery?

If you require this training course delivered in-house, please contact us to discuss. All of our training courses can be tailored to suit your needs.

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“Be the Catalyst for Positive Change”