4 Day NLP Diploma

For Personal and Professional Growth

For dates and venues go to www.uniqueminds.co.uk or contact us

Is this for you?

- Are you a highly motivated individual or business?
- Do you want to improve your results?
- Would you like to be an even more effective communicator?
- Would you like to improve your relationship skills in both your business and personal life?
- Are you ready for positive change?

If so, the 4 day NLP Diploma is definitely for you.



"Whether you think that you can, or that you can't, you are usually right"

Henry Ford

What you will learn?

- The background of NLP (Neuro Linguistic Programming)
- How we communicate (verbally and non-verbally) to others and to ourselves
- The mindset of successful people
- The principles of NLP
- Sense Matters (Sensory Acuity)
- How to build and maintain
 Rapport easily and effortlessly
- How to set goals for success
- How to generate personal power when you want it (Anchoring)
- How to 'Mind' your language the power of language
- How to give and receive feedback
- Effective conflict management
- A model of personal and organisational change
- How to deflect and reflect on experiences (Reframing)
- Understand 'Life Time'

What to expect from the 4 days:

- The course will run in two sets of two days, with time in between to integrate your learning.
- Your Trainer/s will cover the theory of the techniques in detail and demonstrate each one.
- You will have an opportunity to try the techniques out for your self.
- Subject to demonstration of competence, you will be awarded with a Diploma in NLP on day 4.

• Expect to have fun, enjoy the training and most of all be ready for positive change.



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The NLP Way

Using leading edge NLP methodologies and techniques your mind will be opened up to new ways of thinking which will provide you with even more options for ways to achieve your goals, whether they are to improve an existing relationship with a client/friend or to substantially increase the growth of your business.

Whatever your aspirations and goals are, the 4 day NLP Diploma will assist you on your way.

About Our Training

All of the Coaching and Training delivered by Unique Minds is NLP (Neuro Linguistic Programming) based and will provide you with 'Life Skills' that will empower you to bring about positive change in what ever area of life you choose whether that be in the workplace or in your personal lives. NLP techniques are extremely flexible and can be applied in many different ways and in all aspects of life. The results will speak for themselves.

At Unique Minds we believe that NLP based coaching and training is true investment in people as it recognises and celebrates people as individuals and enables them to become even more responsible for their behaviours, their results, their lives.

So if this sounds like something you could see yourself benefiting from and feel like you want to sign up or know more, contact us now!

"Be <u>the</u> catalyst for your successes!"

Call us now or log on to www.uniqueminds.co.uk for more information or to enrol. Spaces are limited, therefore early booking is recommended to secure a place.

