Accelerated Training for Accelerated Personal and Professional Growth

#### For dates and venues go to www.uniqueminds.co.uk or contact us

This Accelerated Practitioner Training Programme allows you the flexibility to learn some of the theory before the start of the formal training course using a set of Learning CDs as part of pre-study. This means that you can study at times that suit you, for example whilst driving, exercising or simply doing daily chores.

This method of training also reduces the amount of time that you need to be away from home/work and means that the much more time can be spent on practical exercises during the face to face training.

# The NLP Practitioner Course is for you if :

- You want to learn more about the powerful art and science of NLP.
- You are a highly motivated individual or business looking for ways to improve your results.
- You are looking for Personal Development and Growth.
- You want to learn skills to bring about positive change for yourself and others.
- You want tools and techniques that improve the way that you think, communicate and manage your relationships.
- You are ready for positive change.



"Whether you think that you can, or that you can't, you are usually right"

Henry Ford

### What you will learn?

- The Key Principles of NLP (Neuro Linguistic Programming)
- Empowering Beliefs
- Advanced Communication Skills
- The Mindset of Successful people
- How to Build and Maintain Successful Relationships
- How to Set Goals for Success
- State Management How to control your feelings
- Mental Coding How we make 'sense' of the world
- How to Change Disempowering Beliefs, Values and Feelings (including Phobias)
- Linguistics The Power of Words and Language Patterns
- Conflict Management and Options Generation
- Understanding Personal Strategies (including how others make decisions)
- How to Deal with Internal Conflict
- The key to Personal, Professional or Organisational Alignment
- Managing Disempowering Negative Emotions or Limiting Beliefs using Time Lines

Personal Development Coaching and Training



- Pre-study approx 60-70 hours with the use of approved CDs and a comprehensive manual (all included in the price).
- 9 days of face to face training focussing on practical exercises and experiential learning.
- Modular delivery with time in between to allow integration of learning.
- Expect to have fun, enjoy the training and most of all, be ready for positive change.



## Certified NLP Practitioner Course Accelerated Training for Accelerated Personal and Professional Growth

For dates and venues go to www.uniqueminds.co.uk or contact us

### **The NLP Way**

Using leading edge NLP methodologies and techniques your mind will be opened up to new ways of thinking which will provide you with even more options for ways to achieve your goals, whether they are to improve an existing relationship with a client/friend or to substantially increase the growth of your business.

Whatever your aspirations and goals are, this Accelerated Practitioner Course will assist you on your way.

### **About our Training**

All of the Coaching and Training delivered by Unique Minds is NLP (Neuro Linguistic Programming) based and will provide you with 'Life Skills' that will empower you to bring about positive change in what ever area of life you choose whether that be in the workplace or in your personal lives. NLP techniques are extremely flexible and can be applied in many different ways and in all aspects of life. The results will speak for themselves.

At Unique Minds we believe that NLP based coaching and training is true investment in people as it recognises and celebrates people as individuals and enables them to become even more responsible for their behaviours, their results, their lives.

So if this sounds like something you could see yourself benefiting from and feel like you want to sign up or know more, contact us now!

## "Be the catalyst for your successes!"

Call us now or log on to www.uniqueminds.co.uk for more information or to enrol. Spaces are limited, therefore early booking is recommended to secure a place.

