# **Preceptorship Training** ( Certified NLP Diploma )

The UK's first ever Certified NLP Diploma Programme tailored to the specific needs of Preceptorship for Healthcare Professionals.

This programme has been designed around the guidelines detailed in the Department of Health Preceptorship Framework for Newly Registered Nurses, Midwives and Allied Health Professionals, and uses the leading edge methodologies of Neuro Linguistic Programming.

#### Who is it for?

- All NHS organisations
- Employers in the independent and voluntary sectors supporting nurses, midwives and AHPs who are newly registered with the Nursing and Midwifery Council (NMC) and the Health Professions Council (HPC)

#### **Definition of Preceptorship**

"A period of structured transition for the newly registered practitioner during which he or she will be supported by a preceptor, to develop their confidence as an autonomous professional, refine skills, values and behaviours and to continue on their journey of life-long learning"

DoH Preceptorship Framework for Newly Registered Nurses, Midwives and Allied Health Professionals (17/03/10)

#### What to expect from the 5 Days:

- The programme will run in two modules, with time in between to consolidate your learning.
- This a very experiential programme during which you will be taking part in a number of activities to support your learning.
- Subject to demonstration of competence, you will be awarded with a Diploma in NLP on Day 5
- Expect to have fun, enjoy the training and be ready for positive change.

#### What does this programme cover?

- An Introduction to Preceptorship
  - What is Preceptorship? An awareness of the programme.
  - Benefits of Preceptorship (to the preceptee, the preceptor, the employer and the professions
  - The differences between Preceptorship and Mentoring/Supervision
  - $\circ$   $\;$  Your role as the Preceptor
  - $\circ$  The role of the Preceptee
- Background and principles of NLP
- Empowering mindsets
- How to communicate effectively- verbally and nonverbally.
- How to build and maintain rapport
- Outcome based goal setting
- State management
- Linguistics the power of words
- How to give feedback
- A model of personal and organisational change
- Effective conflict management
- Understanding motivation strategies
- Understanding values and beliefs

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### The NLP Way

Using leading edge NLP methodologies and techniques your mind will be opened up to new ways of thinking which will provide you with even more options for ways to support your preceptee.

You will learn invaluable skills that will not only improve your personal performance but will also develop even more effective leadership skills. Whatever your goals and aspirations may be, this NLP Diploma based, Preceptorship Programme will assist you on your way.

#### **About Our Training**

All of the Coaching and Training delivered by Unique Minds is NLP (Neuro Linguistic Programming) based and will provide you with 'Life Skills' that will empower you to bring about positive change in what ever area of life you choose, whether that be in the workplace or in your personal lives. NLP techniques are extremely flexible and can be applied in many different ways and in all aspects of life. The results will speak for themselves.

At Unique Minds we believe that NLP based coaching and training is true investment in people as it recognises and celebrates people as individuals and enables them to become even more responsible for their behaviours, their results, their lives.

So if this sounds like something you could see yourself benefiting from and feel like you want to sign up or know more, contact us now!

### "Support for your future"

Call us now or log on to www.uniqueminds.co.uk for more information.

This programme can be delivered on-site for your staff. Please call us to discuss your needs.

